



Life Lines

Dover Church of Christ
Dover, Arkansas 72837-0299

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Email: staff@dovercoc.org

July 10, 2005

MY LINES

Micah Williams

“Anxiety”

(Continued from last week)

Only one thing is necessary. *“But the Lord answered and said to her, ‘Martha, Martha, you are worried and bothered about so many things; but only one thing is necessary, for Mary has chosen the good part, which shall not be taken from her.’”* (Luke 10:41-42) *“But seek first His kingdom and His righteousness, and all these things will be added to you. So do not worry about tomorrow; for tomorrow will care for itself. Each day has enough trouble of its own.”* (Matt. 6:33-34)

Learn to live one day at a time.

Proper use of today diminishes anxiety of tomorrow. (Matt. 6:34) (1) Anxiety does not empty tomorrow of its worries and sorrows; it only empties today of its strengths. (2) Worry is the interest paid on trouble before it falls due.

Many, if not most, of our fears will turn out to be unfounded. (1) Winston Churchill said on his deathbed that he had a lot of trouble in his life, most of which never happened. (2) *“In headaches and in worry vaguely life leaks away, and Time will have his fancy tomorrow or today.”* (W. H. Auden)

Stay busy. Anxiety and idleness often go hand-in-hand. (1) Despair is a form of laziness. (2) Blessed is the person who is too busy to worry in the daytime, and too sleepy to worry at night.

Much good can be accomplished, even in adverse circumstances, if we will quit concentrating on what cannot be done and do what CAN be done. (1) *“Don’t waste time in doubts and fears; spend*

yourself in the work before you, well assured that the right performance of this hour’s duties will be the best preparation for the hours or ages that follow it.” (Ralph Waldo Emerson) (2) *“Our great business in life is not to see what lies dimly at a distance, but to do what lies clearly at hand.”* (Thomas Carlyle)

There is no tranquilizer as effective as the knowledge that we have done our best and there is no pillow as soft as a good conscience.

Learn contentment. A lesson Paul had learned, *“Not that I speak from want, for I have learned to be content in whatever circumstance. I have learned the secret of being filled and going hungry, both of having abundance and suffering need. I can do all things through Him who strengthens me.”*

(Philippians 4:11-13) (1) We need to be able to rejoice in the Lord, which we can do if we continually count our blessings. *“Rejoice in the Lord always; again I will say, rejoice! Let your gentle spirit be known to all men. The Lord is near. Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.”* (Philippians 4:4-6) (2) The Christian ought to be able to see the silver lining in the darkest cloud.

The discontented Christian may lose his soul because of it. *“But godliness actually is a means of great gain when accompanied by contentment. For we have brought nothing into the world, so we cannot take anything out of it either. If we have food and covering, with these we shall be content.”* (I Timothy 6:6-8) *“Make sure that your character is free from the love of money, being content with what you have; for He Himself has said, ‘I will never desert you, nor will I ever forsake you,’ so that*

we confidently say, ‘The Lord is my helper, I will not be afraid. What will man do to me?’” (Hebrews 13:5-6) (1) Anxiety often comes from having too much, rather than too little. *“The sleep of the working man is pleasant, whether he eats little or much; but the full stomach of the rich man does not allow him to sleep.”* (Ecclesiastes 5:12) (2) Our wealth depends not so much on what we have, as what we can do without.

When a problem produces anxiety within us, the very best thing we can do than bathe the problem is two things: **reverence and gratitude.**

The Christian is given the means to deal with anxiety . . . Peace that comes through prayer. (Philippians 4:6-7) Reassuring confidence from trusting in God. *“The Lord is my shepherd, I shall not want. He makes lie down in green pastures; He leads me beside quiet waters. He restores my soul; He guides me in the paths of righteousness for His name sake. Even though I walk through the valley of the shadow of death, I fear no evil, for You are with me; Your rod and Your staff, they comfort me. You prepare a table before me in the presence of my enemies; You have anointed my head with oil; my cup overflows. Surely goodness and loving kindness will follow me all the days of my life, and I will dwell in the house of the Lord forever.”* (Psalm 23:1-6)

Whenever the feelings of insecurity, helplessness and isolation produce anxiety . . . (1) Focus on putting your trust in God. (2) Read the Bible, be realistic, be flexible, focus on the good cares, minimize the unnecessary ones, lean to live one day at a time, stay busy and learn contentment.

(The main idea and several thoughts are from a lesson by Gary Henry.) M.W.

Lines for Ladies

By Pat McAlister

Attitude

is more important than the past
than education,
than money,
than circumstance,
than what other people think or do.
It will make or break a company,
a church, a home.

The remarkable thing is, we have
a choice every day regarding the
attitude we will embrace for that day.

We cannot change the past. We
cannot change the fact that people
will act in a certain way. We cannot
change the inevitable.
The only thing we can do is play on the
string we have, and that is our
attitude.

Attitude is a frame of mind. It comes
from a choice we make. Some choices
we make are bad. How bad choice
affects us will come from our attitude.
Some choices are made for us. We have
no control. But again, how this will
affect us, is our attitude.

Probably the biggest problem we have
is the attitude that affects us by trying to
change others. If our attitude is driven
by what others do, we are doomed. We
can't let them, what they do or do not do,
determine how we will approach each
day. It would be a losing battle.

From the beginning of creation man
was made to have a free will. God still
gives us the choice each day to make our
own decisions. He certainly hasn't
promised us a bed of roses either. But
He has equipped us with the ability to
get out when we find ourselves in a bed
of thorns. And, this comes from
attitude!

Sympathy and prayers for the family of
Luella Bellomo who passed away Friday,
June 24, 2005 at her home in St. Louis,
MO.

Remember Our Sick

Ruby Boley – cancer in liver, at home
with full care..

Bernice Brown – scheduled to see a
lung specialist in L.R., June 30th.

Ronda Fields – Bernice Brown's
granddaughter, home from hospital
waiting for pending liver transplant.

Laura Lammar – of Joplin, MO, cousin
of Marion & Joan's, gallbladder surgery
to be scheduled.

Kevin Gibson – of Springfield, MO,
Marion & Joan's cousin. Cancer of the
colon. Made it through the surgery
Monday, June 20th, outcome a wait- and
-see.

Brian Holloway – Pat Holloway's
grandson, in Memphis Hospital, serious
injuries from an auto accident.

Betty Walters – waiting for infection to
clear to schedule knee surgery.

Shut-ins: Needs your prayers and visits.
Dover Area:

Evelyn Burton

Louise Killer

Mae Vanzandt

Russellville Nursing and Rehab Center

Thelma Hatcher

Others Who Need Our Prayers:

Susie Boley, Donna Brewer, Jamie
Churchill, Michelle Crutcher, Jeff Davis,
Wanda Dickerson, Bennie Drewry, Carl
Lawley Family, Bob and Rose Lee, Bill
McAlister, Jerry Martin, Debbie Meyer,
John and Jannie Myers, Joe Miller,
Nolan Passmore, Teresa Phillips, Wilma
Shirley, Tanya Smith, Esther Sparks,
Harold and Mildred Turner and Faye
Williams.

Expectant Mothers: Kristen Loper
Nordin.

Special Children: (Birth Defects) -
Zachary Shelton, Gabriel Ross
Finlayson, Keith Martin and Noah
Williams.

Military: John Allen, Darus Brown,
Greg Davis, Randall Nixon, Cole Wetzel
and Rudy Will.

The family of Thomas Stone wishes to
let us know that our prayers have been
appreciated. He is now home and
recovering.

The 4TH of July – What's it all about?

That might seem like a silly question, every
body knows that the 4TH of July is
Independence Day. But, what does that
mean? We seem to be losing our heritage so,
I think a brief history lesson might be
appropriate.

*Independence Day, or the Fourth of July, is
the most important national holiday in the
United States.* It commemorates the formal
adoption of the Declaration of Independence
on July 4, 1776 by the Continental Congress
in Philadelphia, Penn-sylvania. It broke the
formal ties between the colonies and Britain
after the American Revolution had begun.
The declaration was written by a committee
of men who were, for the most part,
committed Christians. The head of the
committee was Thomas Jefferson, who later
became the third president of this new nation.
Some today would like to rewrite history so
as to imply that our Founding Fathers were
not really interested in Christianity, even
saying that men like Jefferson were not real
believers or followers of Christ. But such is
not the case. Consider these words that
Thomas Jefferson wrote in front of his well-
worn Bible. *"I am a real Christian, that is to
say, a disciple of the doctrine of Jesus. I
have little doubt that our whole country will
soon be rallied to the unity of our Creator."*
God blessed America because America was
founded by men and women who recognized
Him as the Lord. The Independence Day
celebration should be a reminder of the
ideals, Christian ideals, on which this nation
was founded. If we fail to remember and do
not continue to build on our Godly
foundation, this nation may not last.

Let's not let the revisionist steal our Godly
Heritage.

When you see the bright lights of the
fireworks let that remind you that this
country was founded on the only true light,
the Lord Jesus Christ.

May God continue to bless America!

*By Senior Chaplin Northcut
Cross & Shield Ministries
Russellville, AR

A father was approached by his small son who
told him proudly, "I know what the Bible means!"

His father smiled and replied, "What do you
mean, you 'know' what the Bible means?"

The son replied, "I do know!"
"Okay," said the father. "What does the Bible
mean?"

"That's easy, Daddy," the young man replied
excitedly, "It stands for 'Basic Information Before
Leaving Earth.'"

Submitted by: Iris Bates

Events

Lamp Lighter
Pool Party
July 10th,
After evening Services
At the Veasman's

Men's Regular
Business Meeting
Monday, July 11th
7:00 PM
Dover Church of Christ

MEALS ON WHEELS

July 11TH thru 15TH
Monday thru Friday
Dover Church of Christ

LADIES NIGHT
Thursday, July 21ST
7:00 PM
Hostess: Sandra
Boatright

Mark Your Calendars

Lawn Care
Friday, July 15TH
Rick Hollis
Silas Powers

CAMP CAUDLE DAY CAMP

July 10 thru July 16
Monday thru Saturday

MUSIC WEEK

Directors: Chris George
Greg Sublett

Session for ages 10 to 18

Registration:
Sunday, July 10TH
3:00 PM – 5:00 PM

Friday Night
Performance
July 15TH, 8:30 PM

Campers will be picked-up
between 9:00 - 10:00 AM,
Saturday morning, the last
day of camp.

JULY Birthdays

01 Silas Powers
05 Donna Bushea
14 Britni Brazelton
15 Dan Straight
16 Chris Ramirez
Diane Walters (Billy)
18 Kim Statler
23 Emily Boley
Earl Whitted
25 Becky Miller
Paul Williams
30 James Chadwick
31 Kim Miller
T. J. Turner

If we missed your birthday,
please let us know so it won't
happen again.

5TH SUNDAY
July 31st

Dover Church of Christ
Potluck Dinner
After morning services
Evening Services Cancelled

Singles' Breakfast
Every Saturday
9:00 AM
Dewayne's
Dover, AR

THOSE TO SERVE

July 10, 2005

Sunday A.M.

Announcer: Randall Walters
Song Leader: Merrell Shoptaw

Prayers

Earl Whitted
Gary Williams

Communion

Podium: Donny Forehand
Serve: Rick Hollis
Troy Curtis
William Boley
Doug Wilson

Scripture Reading

Alan Boatright

Sunday P.M. Prayers

James Chadwick
Jim Killer

SPEAKER

Sunday A.M.

Micah Williams

Sunday P.M.

Micah Williams

Prepare Table for Communion

Charlene Clark

Communion to Shut-Ins

Allen Veasman
Blake Forehand

Greeters

Marion and Joyce Helton

Wednesday Night Devotional

July 13, 2005

Allen Veasman

Meeting Times

Sunday Morning Bible Classes
9:45 A.M.

Sunday Morning Worship
10:45 A.M.

Sunday Evening Worship
6:00 P.M.

Ladies Tuesday Bible Class
10:00 A.M.

Wednesday Bible Classes
7:00 P.M.

Minister: Micah Williams
Church Office: 479-331-3428
Or Cell: 479-264-9244

Elders:

William Boley 858-7131
Jim Killer 331-2802
Allen Veasman 331-2156

Deacons:

Donny Forehand
Brent Hottinger
Chris Loper
Rex McDaniel
Joe Miller

Nursery Attendants:

Sunday Class: Charlene Clark
Cara Williams

Sunday Service: Keri Letson

Wednesday Class: Pat McAlister

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Dover Church of Christ
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